

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 1
23-2-2020 - 13:30

200m schoolslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 25+, Heren						
1.	Jordy van der Drift	ZVL-1886 Tetteroo	3:04.91	199307345	3:04.86	
	50m: 40.75	100m: 1:26.92	200m: 3:04.86			
Masters 30+, Heren						
1.	Melano Winter	AZ&PC De Futen	3:00.24	198703847	2:59.96	
	50m: 41.14	100m: 1:27.21	200m: 2:59.96			
Masters 40+, Heren						
1.	Raymond Oosterbaan	WIDEX GZC DONK	3:00.00	197700711	3:05.30	
	50m: 40.49	100m: 1:27.94	200m: 3:05.30			
2.	Thijmen Mager	ZVL-1886 Tetteroo	3:20.00	197701741	3:10.38	
	50m: 42.18	100m: 1:31.40	200m: 3:10.38			
Masters 50+, Heren						
1.	Hans Schoenmakers	DAW	2:54.56	196900863	2:58.00	
	50m: 39.72	100m: 1:25.46	200m: 2:58.00			
2.	Gertjan van der Vaart	ZVVS	3:25.26	196801529	3:29.14	
	50m: 44.52	100m: 1:38.06	200m: 3:29.14			
Masters 55+, Heren						
1.	Willem Jan Ribberink	WIDEX GZC DONK	3:14.91	196501327	3:21.22	
	50m: 43.73	100m: 1:34.00	200m: 3:21.22			
Masters 60+, Heren						
1.	Dré Klaassen	ZOB'66	3:32.14	195600141	3:39.05	
	50m: 50.13	100m: 1:46.51	200m: 3:39.05			
2.	André Pantekoek	PSV	3:55.00	195800321	3:56.84	
	50m: 51.57	100m: 1:53.47	200m: 3:56.84			
Masters 75+, Heren						
1.	Rob Hanou	PSV	3:35.00	194300109	3:55.60	
	50m: 52.37	100m: 1:53.88	200m: 3:55.60			
Masters 20+, Dames						
1.	Kimberly Coenders	De Lansingh	3:04.34	199900880	3:06.74	
	50m: 41.24	100m: 1:28.26	200m: 3:06.74			
2.	Lindsey Dortland	ZOB'66	3:26.09	199802108	3:24.37	
	50m: 44.44	100m: 1:35.90	200m: 3:24.37			
Masters 35+, Dames						
1.	Laura Badoux	DAW	2:52.48	198200038	2:52.82	
	50m: 39.04	100m: 1:23.60	200m: 2:52.82			
2.	Marika Donders-Kamphuis	HHZV PLONS	3:57.85	198102200	3:50.99	
	50m: 52.99	100m: 1:50.99	200m: 3:50.99			
Masters 40+, Dames						
1.	Eveline Hacquebord	IJZ&PC	3:13.14	197901206	3:10.96	
	50m: 43.27	100m: 1:31.86	200m: 3:10.96			

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 1, 200m schoolslag

Masters 45+, Dames

1.	Karin Stein		ZVVS		2:58.71	197100554	2:58.57
	50m:	41.25	100m:	1:26.91	200m:	2:58.57	
2.	Trudie van Niejenhuis		TZC Vahalis		3:15.71	197100444	3:18.43
	50m:	45.34	100m:	1:35.97	200m:	3:18.43	

Masters 50+, Dames

AFGEM	Caroline Kruger		Feijenoord Albion Zwemclub	3:46.93	196800928	
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Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 2 23-2-2020 - 13:40		50m rugslag			20 - 89 jaar Resultaten
rang	naam	vereniging	intijd	tijd	RT
Masters 30+, Heren					
AFGEM	Stefan Oostendorp	AZC	34.45	199005615	
Masters 35+, Heren					
1.	Rob van Wanrooy	Gay Swim Amsterdam	32.96	198202627	34.18
Masters 45+, Heren					
1.	Dennis van Markesteijn	TZC Vahalis	38.01	197201333	40.79
Masters 50+, Heren					
1.	Harold Matla	PSV	34.87	196800591	36.14
Masters 55+, Heren					
1.	Oskar Jansen	Feijenoord Albion Zwemclub	45.62	196201293	44.10
Masters 70+, Heren					
1.	Piet Schop	De Bevelanders	41.47	195000109	40.65
Masters 25+, Dames					
NG	Tessa Kerkvliet	ZVL-1886 Tetteroo	38.87	199202428	
Masters 35+, Dames					
1.	Linda Hoogendam	WVZ	40.21	198300892	39.40
2.	Marjolein Hoogeveen	ZVL-1886 Tetteroo	51.00	198504228	46.76
AFGEM	Samantha Go	AZC	41.83	198403552	
Masters 45+, Dames					
1.	Liselotte Joling	PSV	36.26	197500268	36.80
Masters 50+, Dames					
1.	Danielle Schipper	ZOB'66	40.00	197001078	43.32
Masters 60+, Dames					
1.	Mathilde Vink	SWOL 1894	52.00	195800128	47.75
Masters 65+, Dames					
1.	Patty Krupiarz	PSV	41.38	195400074	41.83

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 3
23-2-2020 - 13:45

200m vrije slag

20 - 89 jaar
Resultaten

rang	naam		vereniging		intijd		tijd	RT
Masters 25+, Heren								
1.	Nick Sijmons		De Amstel		2:01.25	199500491	2:02.28	
	50m: 28.91	100m: 1:00.39		200m: 2:02.28				
2.	Jeffrey Eigenraam		ZOB'66		2:22.05	199500041	2:32.64	
	50m: 33.12	100m: 1:10.34		200m: 2:32.64				
Masters 30+, Heren								
1.	Alex Schelvis		LinK		1:58.22	198702927	2:02.21	
	50m: 28.15	100m: 58.72		200m: 2:02.21				
2.	Tom van Norden		IJZ&PC		3:30.00	198906951	3:01.50	
	50m: 40.18	100m: 1:25.43		200m: 3:01.50				
Masters 35+, Heren								
AFGEM	Guus Tas		WIDEX GZC DONK		3:01.00	198102585		
Masters 40+, Heren								
1.	Emiel Volker		ZVL-1886 Tetteroo		2:36.15	197601605	2:36.24	
	50m: 35.12	100m: 1:13.95		200m: 2:36.24				
2.	Robin Koele		De Watervogels		NT	197601657	3:02.65	
	50m: 40.24	100m: 1:24.97		200m: 3:02.65				
Masters 45+, Heren								
1.	Casper van den Burgh		LinK		2:31.94	197201413	2:22.80	
	50m: 32.17	100m: 1:08.39		200m: 2:22.80				
2.	Martin Berkhout		ZVL-1886 Tetteroo		2:28.00	197101123	2:28.64	
	50m: 34.43	100m: 1:09.89		200m: 2:28.64				
3.	Jeroen Hoeksel		ZVVS		3:02.09	197401533	2:46.23	
	50m: 38.34	100m: 1:20.24		200m: 2:46.23				
Masters 50+, Heren								
1.	Joop Weenink		WS Twente		2:48.33	196801535	2:40.84	
	50m: 36.17	100m: 1:16.91		200m: 2:40.84				
2.	Gertjan van der Vaart		ZVVS		2:54.11	196801529	3:04.98	
	50m: 39.12	100m: 1:25.74		200m: 3:04.98				
Masters 60+, Heren								
1.	Evertjan Masurel		PSV		2:36.52	195600495	2:45.36	
	50m: 38.25	100m: 1:21.09		200m: 2:45.36				
2.	André Pantekoek		PSV		3:07.00	195800321	3:01.61	
	50m: 41.45	100m: 1:29.11		200m: 3:01.61				
Masters 70+, Heren								
1.	Piet Schop		De Bevelanders		3:00.36	195000109	3:00.15	
	50m: 39.77	100m: 1:26.32		200m: 3:00.15				
Masters 75+, Heren								
1.	Willem Putter		ZVVS		3:06.24	194500135	3:04.98	
	50m: 41.50	100m: 1:28.19		200m: 3:04.98				
2.	Geza Kaltenecker		AZC		3:12.51	194200065	3:15.48	
	50m: 42.98	100m: 1:33.01		200m: 3:15.48				

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 3, 200m vrije slag

Masters 80+, Heren

1.	Nic Geers	Z&PC De Gouwe	3:35.40	193800007	3:41.69
	50m: 53.46	100m: 1:49.71	200m: 3:41.69		

Masters 20+, Dames

1.	Mouna Oudshoorn	De Amstel	2:55.28	200002202	3:00.22
	50m: 41.80	100m: 1:28.06	200m: 3:00.22		

Masters 25+, Dames

1.	Roosmarijn van Velzen	ZVL-1886 Tetteroo	3:24.54	199208036	3:17.87
	50m: 46.26	100m: 1:33.97	200m: 3:17.87		

Masters 30+, Dames

1.	Suzan Blankestijn	ZVL-1886 Tetteroo	2:31.05	198900350	2:35.16
	50m: 34.39	100m: 1:13.78	200m: 2:35.16		
2.	Melissa Buijens	De Geul	3:30.00	198605358	3:17.39
	50m: 42.73	100m: 1:31.61	200m: 3:17.39		

Masters 35+, Dames

1.	Laura Badoux	DAW	2:27.78	198200038	2:28.50
	50m: 34.12	100m: 1:11.38	200m: 2:28.50		
2.	Hebe de Champeaux	SwimGym	2:38.47	198102318	2:36.90
	50m: 35.22	100m: 1:15.29	200m: 2:36.90		
3.	Clara Groenhorst	ZVVS	3:04.79	198202506	3:05.13
	50m: 40.76	100m: 1:27.13	200m: 3:05.13		
4.	Marike Donders-Kamphuis	HHZV PLONS	4:07.03	198102200	3:55.22
	50m: 52.33	100m: 1:51.50	200m: 3:55.22		

Masters 40+, Dames

1.	Anke Lambooj	De Vliet (SG)	2:17.13	198001182	2:17.14
	50m: 31.39	100m: 1:05.66	200m: 2:17.14		
2.	Marian Nederlof	De Geul	2:45.35	197600950	2:49.30
	50m: 38.28	100m: 1:21.32	200m: 2:49.30		
3.	Clementine van Bruxvoort	ZPB H&L Productions	3:01.52	197700138	3:02.09
	50m: 41.56	100m: 1:28.36	200m: 3:02.09		
NG	Jessica Venema	WIDEX GZC DONK	2:30.87	197901526	

Masters 45+, Dames

1.	Ilona Hogerheyde	DAW	2:30.00	197400224	2:27.92
	50m: 32.47	100m: 1:09.88	200m: 2:27.92		

Masters 50+, Dames

1.	Marella Verhagen-den Ouden	De Amstel	3:20.00	196800948	3:13.69
	50m: 42.44	100m: 1:30.72	200m: 3:13.69		

AFGEM	Caroline Kruger	Feijenoord Albion Zwemclub	3:01.75	196800928	
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Masters 55+, Dames

1.	Marjan Remmits	ZPC Woerden	2:28.37	196300518	2:32.47
	50m: 34.59	100m: 1:13.14	200m: 2:32.47		
2.	Jacqueline Rolloos-Bakkers	De Lansingh	2:46.52	196300222	2:42.05
	50m: 36.80	100m: 1:18.24	200m: 2:42.05		

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 4
23-2-2020 - 14:05

50m vlinderslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Ian van Mullem	ZOB'66	29.17	199602545	30.01	
Masters 30+, Heren						
1.	Yuri Levontuiev	SwimGym	31.50	198806317	30.75	
Masters 35+, Heren						
1.	Hans Kiers	ZVL-1886 Tetteroo	35.00	198302871	34.74	
AFGEM	Guus Tas	WIDEX GZC DONK	45.96	198102585		
Masters 40+, Heren						
1.	Rogier van Gent	IJZ&PC	30.82	198000405	30.75	
2.	Elger Mensonides	ZVL-1886 Tetteroo	32.99	197601669	31.74	
3.	Ingmar Kooman	ZVL-1886 Tetteroo	33.05	197901517	33.90	
4.	Stefan van Engelen	De Lansingh	40.00	197800291	36.03	
Masters 50+, Heren						
1.	Harold Matla	PSV	31.57	196800591	32.88	
2.	Hans Schoenmakers	DAW	34.39	196900863	34.06	
Masters 55+, Heren						
1.	Erik Saan	De Duck	32.40	196500769	33.59	
Masters 25+, Dames						
1.	Ilona van der Knaap	De Watervogels	34.32	199204954	34.24	
Masters 40+, Dames						
1.	Eveline Hacquebord	IJZ&PC	35.73	197901206	36.33	
Masters 60+, Dames						
1.	Mathilde Vink	SWOL 1894	43.00	195800128	39.25	

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 5
23-2-2020 - 14:10

100m vrije slag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
AFGEM	Kevin Kingma	De Lansingh	55.57	199700559		
Masters 25+, Heren						
1.	Sybren Groenewegen	De Schotejil	1:03.65	199306223	56.72	
	50m: 27.39	100m: 56.72				
Masters 30+, Heren						
1.	Yuri Levontuiev	SwimGym	1:06.00	198806317	1:08.09	
	50m: 31.48	100m: 1:08.09				
AFGEM	Stefan Oostendorp	AZC	1:01.55	199005615		
Masters 35+, Heren						
1.	Kristiaan Lenos	ZVL-1886 Tetteroo	54.73	198301331	55.43	
	50m: 26.32	100m: 55.43				
DIS	Ricardo van Dam	AZC	1:05.00	198503965		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
Masters 40+, Heren						
1.	Willem van der Sterren	SWOL 1894	1:05.00	197801955	1:09.46	
	50m: 33.60	100m: 1:09.46				
2.	Bogdan Androne	AZC	1:10.70	197701733	1:09.75	
	50m: 32.81	100m: 1:09.75				
3.	Stefan van Engelen	De Lansingh	1:18.50	197800291	1:10.41	
	50m: 34.08	100m: 1:10.41				
Masters 45+, Heren						
1.	Svet Gavrilov	GLS Ketelbinkie	1:02.00	197501263	1:03.56	
	50m: 30.72	100m: 1:03.56				
2.	Casper van den Burgh	LinK	1:12.85	197201413	1:05.92	
	50m: 31.54	100m: 1:05.92				
3.	Martin Berkhout	ZVL-1886 Tetteroo	1:09.44	197101123	1:08.68	
	50m: 32.93	100m: 1:08.68				
Masters 50+, Heren						
1.	Rene de Jong	ZVVS	1:04.37	196600351	1:02.84	
	50m: 29.03	100m: 1:02.84				
2.	Anton Mol	ZOB'66	1:10.00	197001785	1:12.59	
	50m: 34.34	100m: 1:12.59				
Masters 55+, Heren						
1.	Johan Remmits	ZPC AMERSFOORT	1:00.16	196201159	1:00.27	
	50m: 28.36	100m: 1:00.27				
2.	Willem Jan Ribberink	WIDEX GZC DONK	1:10.04	196501327	1:11.33	
	50m: 34.31	100m: 1:11.33				
3.	Jano Hogebrug	De Watervogels	1:32.48	196401477	1:35.75	
	50m: 44.79	100m: 1:35.75				
Masters 75+, Heren						
1.	Geza Kaltenecker	AZC	1:24.78	194200065	1:26.95	
	50m: 41.46	100m: 1:26.95				
2.	Peter Ouweneel	Rotterdam Swimming (SG)	2:02.20	194500077	2:08.38	
	50m: 57.78	100m: 2:08.38				

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 5, 100m vrije slag

Masters 80+, Heren

1. Nic Geers	Z&PC De Gouwe	1:36.92	193800007	1:39.82
50m: 48.04	100m: 1:39.82			

Masters 20+, Dames

1. Kimberly Coenders	De Lansingh	1:05.27	199900880	1:06.31
50m: 32.07	100m: 1:06.31			
2. Lindsey Dortland	ZOB'66	1:11.48	199802108	1:11.18
50m: 34.14	100m: 1:11.18			

Masters 25+, Dames

1. Denise Boereboom	ZPV Barracuda	1:01.14	199202144	1:02.93
50m: 29.95	100m: 1:02.93			
2. Astrid Need	IJZ&PC	1:14.47	199306470	1:15.45
50m: 35.52	100m: 1:15.45			
NG Tessa Kerkvliet	ZVL-1886 Tetteroo	1:14.48	199202428	

Masters 30+, Dames

1. Melissa Buijens	De Geul	1:30.39	198605358	1:28.43
50m: 42.72	100m: 1:28.43			

Masters 35+, Dames

1. Hebe de Champeaux	SwimGym	1:15.22	198102318	1:09.61
50m: 33.02	100m: 1:09.61			

Masters 60+, Dames

1. Els Hertsworm	IJZ&PC	1:24.15	195700184	1:22.56
50m: 39.28	100m: 1:22.56			

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 6
23-2-2020 - 14:20

400m wisselslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Jasper van den Broek	De Watervogels	NT	199903313	5:46.05	
	50m: 32.98	400m: 5:46.05				
Masters 30+, Heren						
1.	Melano Winter	AZ&PC De Futen	5:50.00	198703847	5:52.75	
	50m: 37.03	100m: 1:21.58	400m: 5:52.75			
Masters 40+, Heren						
1.	Raymond Oosterbaan	WIDEX GZC DONK	5:50.00	197700711	6:05.37	
	50m: 36.59	100m: 1:21.00	400m: 6:05.37			
Masters 75+, Heren						
1.	Rob Hanou	PSV	7:35.00	194300109	7:56.81	
	50m: 56.65	100m: 2:03.44	400m: 7:56.81			
Masters 35+, Dames						
1.	Linda Hoogendam	WVZ	6:35.80	198300892	6:41.35	
	50m: 42.99	100m: 1:34.35	400m: 6:41.35			
Masters 45+, Dames						
1.	Liselotte Joling	PSV	5:34.88	197500268	5:32.35	
	<i>Nederlands Masters Record</i>					
	50m: 35.85	100m: 1:17.08	400m: 5:32.35			

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 7 100m rugslag 20 - 89 jaar
23-2-2020 - 14:25 Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 25+, Heren						
1.	Jeffrey Eigenraam	ZOB'66	1:07.25	199500041	1:10.59	
	50m: 35.30	100m: 1:10.59				
Masters 45+, Heren						
1.	Jeroen Hoeksel	ZVVS	1:30.82	197401533	1:31.87	
	50m: 43.50	100m: 1:31.87				
Masters 55+, Heren						
1.	Johan Remmits	ZPC AMERSFOORT	1:08.36	196201159	1:20.25	
	50m: 38.90	100m: 1:20.25				
Masters 60+, Heren						
1.	Dré Klaassen	ZOB'66	1:46.62	195600141	1:43.29	
	50m: 52.84	100m: 1:43.29				
Masters 35+, Dames						
1.	Clara Groenhorst	ZVVS	1:28.32	198202506	1:30.09	
	50m: 43.69	100m: 1:30.09				
Masters 40+, Dames						
NG	Jessica Venema	WIDEX GZC DONK	1:21.18	197901526		
Masters 50+, Dames						
1.	Marella Verhagen-den Ouden De Amstel		1:43.00	196800948	1:39.46	
	50m: 48.35	100m: 1:39.46				
Masters 55+, Dames						
1.	Marjan Remmits	ZPC Woerden	1:20.23	196300518	1:22.95	
	50m: 40.98	100m: 1:22.95				
Masters 60+, Dames						
1.	Els Hertsworm	IJZ&PC	1:45.91	195700184	1:45.36	
	50m: 51.41	100m: 1:45.36				

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 8
23-2-2020 - 14:30

50m vrije slag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
AFGEM	Kevin Kingma	De Lansingh	24.62	199700559		
Masters 30+, Heren						
1.	Pascal van Haren	ZPV Barracuda	25.96	198704101	26.28	
2.	Yuri Levontuiev	SwimGym	28.90	198806317	29.59	
3.	Tom van Norden	IJZ&PC	37.16	198906951	36.52	
Masters 35+, Heren						
1.	Kristiaan Lenos	ZVL-1886 Tetteroo	25.00	198301331	26.04	
Masters 40+, Heren						
1.	Emiel Volker	ZVL-1886 Tetteroo	29.41	197601605	30.21	
2.	Thijmen Mager	ZVL-1886 Tetteroo	31.95	197701741	31.40	
3.	Stefan van Engelen	De Lansingh	32.50	197800291	31.70	
4.	Robin Koele	De Watervogels	35.50	197601657	33.87	
Masters 45+, Heren						
1.	Casper van den Burgh	LinK	34.53	197201413	29.76	
2.	Martin Berkhout	ZVL-1886 Tetteroo	31.91	197101123	30.37	
3.	Dennis van Markesteijn	TZC Vahalis	32.14	197201333	33.78	
Masters 50+, Heren						
1.	Harold Matla	PSV	28.46	196800591	30.16	
2.	Gertjan van der Vaart	ZVVS	33.85	196801529	34.50	
Masters 55+, Heren						
1.	Oskar Jansen	Feijenoord Albion Zwemclub	36.45	196201293	36.24	
2.	Jano Hogebrug	De Watervogels	38.76	196401477	40.13	
Masters 60+, Heren						
1.	Evertjan Masurel	PSV	28.45	195600495	31.24	
Masters 70+, Heren						
1.	Piet Schop	De Bevelanders	32.35	195000109	33.55	
Masters 75+, Heren						
1.	Willem Putter	ZVVS	35.35	194500135	35.68	
2.	Geza Kaltenecker	AZC	36.63	194200065	37.64	
3.	Peter Ouweneel	Rotterdam Swimming (SG)	49.08	194500077	50.78	
Masters 80+, Heren						
1.	Nic Geers	Z&PC De Gouwe	40.89	193800007	43.34	
Masters 20+, Dames						
1.	Lindsey Dortland	ZOB'66	32.13	199802108	32.15	
Masters 25+, Dames						
1.	Roosmarijn van Velzen	ZVL-1886 Tetteroo	41.84	199208036	37.20	

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 8, 50m vrije slag

Masters 30+, Dames

1.	Melissa Buijens	De Geul	39.30	198605358	38.87
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Masters 35+, Dames

1.	Hebe de Champeaux	SwimGym	34.93	198102318	31.10
2.	Marjolein Hoogeveen	ZVL-1886 Tetteroo	39.41	198504228	38.76

Masters 40+, Dames

1.	Anke Lambooj	De Vliet (SG)	27.95	198001182	27.97
2.	Marian Nederlof	De Geul	32.43	197600950	33.55

Masters 50+, Dames

1.	Kristien Van de Moortel	Shark	35.77	ShaRK/20315/69	36.24
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Masters 60+, Dames

1.	Mathilde Vink	SWOL 1894	42.00	195800128	40.59
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Masters 65+, Dames

1.	Patty Krupiarz	PSV	35.16	195400074	36.19
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Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 9
23-2-2020 - 14:40

100m vlinderslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 25+, Heren						
1.	Nick Sijmons	De Amstel	58.50	199500491	1:00.18	
	50m: 27.79	100m: 1:00.18				
2.	Jordy van der Drift	ZVL-1886 Tetteroo	1:14.38	199307345	1:13.63	
	50m: 33.34	100m: 1:13.63				
3.	Sybren Groenewegen	De Schotejil	1:21.13	199306223	1:13.73	
	50m: 35.72	100m: 1:13.73				
Masters 40+, Heren						
1.	Elger Mensonides	ZVL-1886 Tetteroo	1:12.00	197601669	1:15.43	
	50m: 34.00	100m: 1:15.43				
2.	Rogier van Gent	IJZ&PC	1:21.35	198000405	1:18.09	
	50m: 34.83	100m: 1:18.09				
Masters 25+, Dames						
1.	Denise Boereboom	ZPV Barracuda	1:08.60	199202144	1:08.80	
	50m: 31.71	100m: 1:08.80				
2.	Ilona van der Knaap	De Watervogels	1:19.64	199204954	1:20.88	
	50m: 36.38	100m: 1:20.88				
Masters 45+, Dames						
1.	Ilona Hogerheyde	DAW	1:15.77	197400224	1:15.07	
	50m: 34.05	100m: 1:15.07				
Masters 55+, Dames						
1.	Marjan Remmits	ZPC Woerden	1:17.28	196300518	1:23.53	
	50m: 37.28	100m: 1:23.53				

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 10
23-2-2020 - 14:40

50m schoolslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 20+, Heren						
1.	Jasper van den Broek	De Watervogels	37.33	199903313	37.20	
AFGEM	Kevin Kingma	De Lansingh	30.82	199700559		
Masters 25+, Heren						
1.	Jeffrey Eigenraam	ZOB'66	36.32	199500041	40.69	
Masters 35+, Heren						
1.	Kristiaan Lenos	ZVL-1886 Tetteroo	31.98	198301331	32.29	
2.	Ricardo van Dam	AZC	37.40	198503965	35.91	
Masters 40+, Heren						
1.	Bogdan Androne	AZC	38.34	197701733	37.58	
2.	Robin Koele	De Watervogels	42.62	197601657	44.35	
Masters 50+, Heren						
1.	Harold Matla	PSV	31.79	196800591	33.17	
2.	Hans Schoenmakers	DAW	35.90	196900863	36.49	
3.	Rene de Jong	ZVVS	36.74	196600351	37.20	
4.	Joop Weenink	WS Twente	36.29	196801535	37.64	
Masters 55+, Heren						
1.	Oskar Jansen	Feijenoord Albion Zwemclub	42.80	196201293	43.50	
2.	Jano Hogebrug	De Watervogels	44.34	196401477	45.02	
Masters 60+, Heren						
1.	Dré Klaassen	ZOB'66	43.44	195600141	45.49	
Masters 75+, Heren						
1.	Rob Hanou	PSV	45.00	194300109	46.06	
2.	Peter Ouweneel	Rotterdam Swimming (SG)	59.49	194500077	1:03.84	
Masters 35+, Dames						
1.	Laura Badoux	DAW	35.32	198200038	36.38	
2.	Clara Groenhorst	ZVVS	45.59	198202506	46.65	
3.	Linda Hoogendam	WVZ	47.69	198300892	49.51	
4.	Marike Donders-Kamphuis	HHZV PLONS	53.00	198102200	51.44	
Masters 40+, Dames						
1.	Anke Lambooj	De Vliet (SG)	37.95	198001182	39.35	
Masters 45+, Dames						
1.	Liselotte Joling	PSV	39.12	197500268	39.10	
Masters 55+, Dames						
1.	Jacqueline Rolloos-Bakkers	De Lansingh	42.54	196300222	43.27	
Masters 60+, Dames						
1.	Mathilde Vink	SWOL 1894	53.00	195800128	48.94	

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 11
23-2-2020 - 14:45

800m vrije slag
Samengevoegd worden: 1 & 2, 3 & 4, 5 & 6.

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 20+, Heren					
1.	Ian van Mullem	ZOB'66	11:10.89	199602545	10:46.40
	50m: 33.51	100m: 1:11.92	200m: 2:33.07	400m: 5:18.84	800m: 10:46.40
Masters 35+, Heren					
1.	Rob van Wanrooy	Gay Swim Amsterdam	10:30.00	198202627	10:44.38
	50m: 34.48	100m: 1:13.53	200m: 2:35.34	400m: 5:18.34	800m: 10:44.38
2.	Hans Kiers	ZVL-1886 Tetteroo	13:20.00	198302871	12:00.62
	50m: 34.01	100m: 1:14.58	200m: 2:40.27	400m: 5:44.44	800m: 12:00.62
Masters 40+, Heren					
1.	Willem van der Sterren	SWOL 1894	10:40.00	197801955	10:58.28
	50m: 38.76	100m: 1:16.68	200m: 2:58.28	400m: 5:42.08	800m: 11:28.47
2.	Ingmar Kooman	ZVL-1886 Tetteroo	11:05.43	197901517	11:28.47
	50m: 37.26	100m: 1:19.14	200m: 2:45.79	400m: 5:42.08	800m: 11:28.47
Masters 45+, Heren					
1.	Casper van den Burgh	LinK	10:24.80	197201413	10:36.99
	50m: 35.62	100m: 1:14.67	200m: 2:35.07	400m: 5:17.56	800m: 10:36.99
2.	Svet Gavrilov	GLS Ketelbinkie	11:04.00	197501263	11:00.14
	50m: 36.83	100m: 1:16.90	200m: 2:39.43	400m: 5:28.23	800m: 11:00.14
Masters 50+, Heren					
1.	Anton Mol	ZOB'66	11:30.00	197001785	11:59.26
	50m: 40.31	100m: 1:23.48	200m: 2:53.09	400m: 5:55.38	800m: 11:59.26
2.	Victor van Straaten	WIDEX GZC DONK	12:02.00	196900945	13:01.02
	50m: 39.39	100m: 1:22.82	200m: 2:58.44	400m: 6:19.22	800m: 13:01.02
Masters 55+, Heren					
1.	Johan Remmits	ZPC AMERSFOORT	9:50.46	196201159	9:59.86
	50m: 33.45	100m: 1:11.09	200m: 2:28.03	400m: 5:00.97	800m: 9:59.86
2.	Erik Saan	De Duck	12:02.67	196500769	11:57.37
	50m: 39.06	100m: 1:21.23	200m: 2:51.23	400m: 5:55.95	800m: 11:57.37
Masters 60+, Heren					
1.	André Pantekoek	PSV	14:36.00	195800321	13:49.82
	50m: 41.82	100m: 1:31.28	200m: 3:14.61	400m: 6:50.35	800m: 13:49.82
Masters 80+, Heren					
1.	Nic Geers	Z&PC De Gouwe	16:54.98	193800007	17:55.51
	50m: 56.10	100m: 2:00.81	200m: 4:16.29	400m: 8:50.09	800m: 17:55.51
Masters 20+, Dames					
1.	Mouna Oudshoorn	De Amstel	12:38.17	200002202	13:24.29
	50m: 42.33	100m: 1:40.09	200m: 3:09.32	400m: 6:33.20	800m: 13:24.29
Masters 25+, Dames					
1.	Astrid Need	IJZ&PC	12:15.82	199306470	11:56.16
	50m: 38.76	100m: 1:21.41	200m: 2:49.81	400m: 5:51.56	800m: 11:56.16

Regio-West Open Masters deel 4
Leiden, 23-2-2020

Programmanr. 11, 800m vrije slag

Masters 30+, Dames

1.	Suzan Blankestijn	ZVL-1886 Tetteroo	10:51.16	198900350	11:04.84
	50m: 36.37	100m: 1:16.85	200m: 2:39.91	400m: 5:28.12	800m: 11:04.84
2.	Sandra van der Ende	WVZ	11:30.00	198701132	12:13.05
	50m: 39.42	100m: 1:23.05	200m: 2:54.51	400m: 6:01.19	800m: 12:13.05
3.	Lauriane Avril	Feijenoord Albion Zwemclub	16:30.00	198605370	18:33.26
	50m: 56.37	100m: 2:01.12	200m: 4:15.89	400m: 9:02.07	800m: 18:33.26

Masters 40+, Dames

1.	Clementine van Bruxvoort	ZPB H&L Productions	13:21.81	197700138	13:18.36
	50m: 43.34	100m: 1:31.62	200m: 3:10.19	400m: 6:31.93	800m: 13:18.36

Masters 45+, Dames

1.	Karin Stein	ZVVS	10:22.02	197100554	10:22.90
	50m: 36.12	100m: 1:14.58	200m: 2:32.23	400m: 5:08.62	800m: 10:22.90

Masters 50+, Dames

1.	Sylvia Buisman	WVZ	13:09.91	196600756	12:17.87
	50m: 39.78	100m: 1:22.91	200m: 2:55.41	400m: 6:03.01	800m: 12:17.87
2.	Kristien Van de Moortel	Shark	13:07.69	ShaRK/20315/69	13:02.47
	50m: 44.14	100m: 1:32.97	200m: 3:10.85	400m: 6:29.16	800m: 13:02.47
3.	Danielle Schipper	ZOB'66	15:00.00	197001078	13:10.66
	50m: 42.18	100m: 1:26.93	200m: 3:02.25	400m: 6:23.18	800m: 13:10.66

AFGEM Caroline Kruger Feijenoord Albion Zwemclub 14:30.00 196800928

Masters 55+, Dames

1.	Erica Muller	De Geul	13:50.93	196400412	13:29.27
	50m: 44.04	100m: 1:32.06	200m: 3:11.56	400m: 6:35.69	800m: 13:29.27

NG Alice de Haan WIDEX GZC DONK 14:30.23 196400590

Masters 65+, Dames

1.	Tineke van Diggelen	ZPCH	16:36.00	195200048	16:14.05
	50m: 51.80	100m: 1:48.27	200m: 3:47.71	400m: 7:56.94	800m: 16:14.05